

**award
zone**



zone

The **Award Zone** contains information about the Anchor Activity Scheme

- An Introduction to the Anchor Activity Scheme
- What's in the Activity Scheme and how it works
 - details of the three badges
 - certificates, stickers and wall charts
 - how does it fit into our weekly programme?
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- Suggested activities for the scheme

Award Zone

Introduction to the Anchor Activity Scheme

The Anchor Activity Scheme is an addition to the programme for Anchor Boys. The aim of the Activity Scheme is to provide the boys with some recognition for their participation in the section programme. The Activity Scheme uses material under the five following headings:

- Body – fit for fun
 - a variety of games and physical activities
- Mind – think and do
 - puzzles and quizzes, thinking games and treasure hunts, hobbies and collections
- Spirit – God and me
 - devotions, prayers and worship, bible stories and characters, and Christian festivals
- Community – me and my world
 - conservation, the local community, the church and helping others
- Creativity – make and do
 - crafts, simple cooking, and mime and drama; many of the craft ideas come with templates, which are photocopyable and ready to use

Two additional headings provide additional ideas and topics

- Programme on a Plate
 - Ideas for theme nights including superheroes, space, pirates, creepy crawlies!
- Extras
 - Information about additional web based resources on a wide range of topics and a list of dates and anniversaries

What is the Anchor Activity Scheme?

It is not intended that the Anchors programme has a formal 'award' time. Boys will gain their awards as they take part in the usual section programme for this age group i.e. games, crafts, music, storytelling, bible stories etc.

The table below gives information about the Activity Scheme and the number of topics from each of the five activity groups required for each badge, each activity taking 10 to 15 minutes. The scheme offers some flexibility where boys may choose which extra activities they wish to do, perhaps those they enjoy most, or which give them new challenges. Companies may also decide to concentrate on particular activities that reflect the skills of the leaders, equipment or premises.

	'1st' Award Age 5/6	'2nd' Award Age 6/7	'3rd' Award Age 7/8
Body – fit for fun	2	3	3
Mind – think and do	2	3	3
Spirit – God and me	2	3	3
Community – me and my world	2	3	3
Creativity – make and do	2	3	3
Extra activities (chosen from above)	2	3	3
Total activities	12	18	18
Badges	Green Activity Badge	Red Activity Badge	Blue Activity Badge

Activities = 48
over three years

There are three badges, with the requirements as follows:

Green Badge: 12 activities, two from each of the five headings and two extra topics chosen by the boy or section staff
Age 5/6

Red Badge: 18 activities, three from each of the five headings and three extra topics chosen by the boy or staff
Age 6/7

Blue Badge: 18 activities, three from each of the five headings and three extra topics chosen by the boy or staff
Age 7/8

A list of suggested activities for the Scheme is given in the section, 'Anchor Activity Scheme' but leaders are free to choose other appropriate topics. Some of the suggested activities have a progression and older or more able boys could be expected to participate to a higher level.

Certificates, stickers and wall chart

In addition to badges, boys could be awarded a certificate after reaching the midway point for each badge i.e. 6 and 9 points; certificates could also be presented for other things including taking part in an event, good attendance, being a good friend, helping out etc. Stickers could be awarded for the completion of each topic, which could be stuck onto the boys' wall chart in the BB/church hall or taken home. Certificates, stickers and the wall chart are available from BB Supplies. A promotion certificate is also available for boys who move up to the Junior Section.

How does the Activity Scheme fit into our weekly programme?

The weekly programme does not have a formal 'award' time. Boys gain their badges as they take part in the usual section programme for this age group. The badge scheme is there to help provide a sense of achievement for the boys and a pride in gaining their awards; the Activity Scheme supports the programme. Remember, the work of the section should be programme led, not awards driven. Section theme nights can also be used for the activity badges, with a range of different topics taking place within the theme. Other parts of the Activity Scheme can be covered by trips and visits, taking part in battalion or other BB events etc.

In planning the various topics within the Anchor Activity scheme, care should be taken to ensure that the style of presentation is fun; use as much activity as you can with the use of visual aids to help reinforce any learning.

How is the Activity Scheme assessed?

There are no set levels of attainment for the topics within the activity scheme. These are gained by a boy participating in particular topics; no external controls are to be applied. The level of achievement will vary for each individual boy according to his ability and age. During a boy's time in Anchor Boys his level of skills and physical competence is likely to vary greatly. The onus is on the leaders to ensure that boys are trying their best in all of the activity scheme topics.

What about late joiners?

This would be up to section staff to decide. The scheme is not progressive in difficulty, as each boy would participate to his own level. Ideally, a new boy would join in with his peer group on the badge currently being worked towards.

How are the Activity badges worn?

The Anchor Activity badges are green, red and blue with a small BB crest in the centre. The badges are metal with a pin-on fastening. The badges are placed on the armband as set out in the Information Zone, under 'Uniform'. When boys move to the Junior Section, they will wear the highest Activity badge gained during their time in Anchor Boys, which will also be worn when they move to the Company Section.

When are the Activity badges presented?

Some companies present badges as soon as they are gained; others choose to present them at a parents' night or at a church parade service. Leaders should remember that the Activity Scheme is planned to cover the time that a boy is in Anchor Boys and the activities should be spread out over this time.

What about record keeping?

There is some information in the Information Zone about record keeping, not only about the Activity Scheme but also attendance at the BB night and special events, and also home contact details for each boy. Record cards are available from BB Supplies.

Ideas for the Anchor Activity Scheme

A list of suggested activities is given below, but leaders are free to choose other appropriate topics. Some of the topics have a suggested progression and older or more able boys could be expected to participate to a higher level. Remember, the Anchors programme has no formal 'award time' and the main focus is on fun!

In planning the programme, staff will need to agree when the Activity Scheme topics are to be covered. It would be quite easy for a boy to complete all of the requirements for his green badge in the first few months of his joining the section, but the activities for the badges should be spaced out through the year. Whilst the majority can be done indoors during the autumn and winter terms, some of the suggested activities will need to be done outside in the better weather, and others during trips and visits.

ANCHOR ACTIVITY SCHEME

Reminder: this is not a definitive list and leaders are free to choose other activities from the Programme Pack or other suitable material

BODY	MIND	SPIRIT	COMMUNITY	CREATIVITY
FIT FOR FUN	THINK AND DO	GOD AND ME	ME & MY WORLD	MAKE AND DO
Games	Dot to Dot Picture	A boy in the Bible	Garden Birds	Craft Activities
Playing a Team Game	Word search and Simple Crossword Puzzles	Old Testament Story	Green Cross Code	Group Picture or Mural
Bean Bag Activities	Show and Tell	New Testament Story	Collect for Charity	Design a Football Kit
Ball Skills	Observation and Memory Games	A Story Jesus Told	Who I Am and Where I Live	Fun With Salt Dough
Simple Potted Sports	Listening Activities	A Miracle Jesus Did	People Who Help Us	Make a Puppet
Obstacle Course	One of my Senses	Bible Story Mime	Help at Home	Music & Movement, Dance and Action Songs
Musical Games	Play a Board Game	Thank You Prayer	Home Safety	Make a Simple Instrument
Simple Parachute Games	Jigsaw	Sorry Prayer	Time to Recycle	Simple Musical Activities
Miming Games	Quiz Time	Creation Picture	Visit to the Junior Section	Fun With Food
Story Games	Indoor Treasure Hunt	Sing to God	Make a Present for someone at home	Make a Greeting Card
Party Games	My Favourite Book	Bible Quiz	A Visit or Outing	Story Telling
Hide and Find	Tie my Shoelaces	Bible Reading	Litter	Mime and Drama

Anchor Activity Scheme

BODY – fit for fun	Suggestion for Activities: boys should
Games	Take part in a variety of games including circle, quiet, relay, etc.
Playing a Team Game	Take part in a Team Game.
Bean Bag Activities	Take part in a selection of activities using beanbags including throwing, catching, balancing, aiming etc.
Ball Skills	Take part in a selection of activities using large balls including throwing, catching, rolling, aiming, kicking etc.
Simple Potted Sports	Take part in simple potted sports activities designed to develop a variety of games skills.
Obstacle Course	Take part in an Obstacle course activity either indoors or outdoors. Challenges should be suitable for age group.
Musical Games	Take part in a selection of games where music is used.
Simple Parachute Games	Take part in a selection of simple parachute games.
Miming Games	Take part in a selection of miming games.
Story Games	Take part in some simple story games.
Party Games	Take part in a selection of simple party games.
Hide and Find	Take part in games which require the boys to find various articles which have been hidden around the hall.

REMEMBER

All activities should be

- as practical as possible, with boys fully involved
- suitable for the particular age-group
- differentiated for the range of abilities of the boys
- fun and enjoyable for the boys

Anchor Activity Scheme

MIND – think and do	Suggestion for Activities: boys should
Dot to Dot Picture	Complete a numbered dot-to-dot picture, with level of difficulty suitable to ability e.g. 1-20, 1-50, 1-100
Word search and simple crossword puzzles	Complete a word search or a simple crossword puzzle with level of difficulty suitable to ability. This activity may require adult help to assist with spelling.
Show and Tell	Bring one item from home and talk about it e.g. something they collect, a hobby, something they found at the beach, somewhere they visited. Boys just have to say a couple of sentences, other boys could ask questions about the item.
Observation and Memory Games	Take part in some observation or memory games e.g. Kim's game, What's the difference? Find the partner card etc.
Listening Activities	Take part in a number of listening activities e.g. Follow the instructions – walk four steps forward, two steps backwards, clap hands three times etc. The level of difficulty of the particular activity should be suitable to ability.
One of my Senses	Learn about one of the senses. Use games and practical activities for this activity. Learn about a different sense each year.
Play a Board Game	Take part in any type of board game. Boys could be encouraged to bring a favourite game from home and explain the rules to the other boys.
Jigsaw	Complete a jigsaw with the level of difficulty suitable to ability. This activity may be completed with 2/3 boys working together to complete the jigsaw.
Quiz Time	Take part in a quiz, e.g. General knowledge, Christmas, based on a bible story etc.
Indoor Treasure Hunt	Take part in an indoor treasure hunt that could be set up around the premises.
My Favourite Book	Boys bring a favourite book and tell in a few sentences what the book is about and why they like it. Boys could dress as their favourite book character.
Tie my Shoelaces	Learn to tie my shoelaces.

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Anchor Activity Scheme

SPIRIT – God and me	Suggestion for Activities: boys should
A Boy in the Bible	Learn about a story of a boy from the Bible e.g. Joseph, David, Samuel, boy with the loaves and fishes.
Old Testament Story	Learn about a story from the Old Testament.
New Testament Story	Learn about a story from the New Testament.
A Story Jesus Told	Learn about a story Jesus told.
A Miracle Jesus Did	Learn about one of the miracles which Jesus performed.
Bible Story Mime	Take part in a group mime related to a Bible Story. Ideally choose one of the stories you have already told to the boys.
Thank You Prayer	Make up a thank you prayer. Talk to the boys about all the things they could say thank you for. Boys could write down their prayer or say it orally, depending on ability.
Sorry Prayer	Put together a sorry prayer. Talk to the boys about all the things they might need to say sorry for. Boys could write down their prayer or say it orally, depending on ability.
Creation Picture	Take part in making a creation picture, either individually or in small groups. A variety of materials could be provided to make the pictures more interesting.
Sing to God	Take part in singing a variety of songs and choruses. Include actions and movement where possible.
Bible Quiz	Take part in a bible quiz. Make the quiz as interesting as possible for the boys. Questions should be suitable for ability. Perhaps boys could be divided into age groups.
Bible Reading	Take part in reading a small part of the bible or reading a small part from a bible storybook. This could be done in small groups with boys reading a small section each, depending on their abilities.

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Anchor Activity Scheme

COMMUNITY – me and my world	Suggestion for Activities: boys should
Garden Birds	Learn about birds that live in their gardens.
Green Cross Code	Learn about the Green Cross Code and how to keep safe crossing the road.
Collect for Charity	Collect some items for a charity e.g. used postage stamps, pennies, local event, etc. Talk to the boys about what the charity does, perhaps invite someone from the charity.
Who I Am and Where I Live	Talk briefly about themselves, their family, where they live and what they like doing.
People Who Help Us	Learn about some of the people who help us and what their job entails e.g. nurse, dentist, policeman, shopkeeper. Perhaps invite someone from the local community to talk about their job.
Help at Home	i.e. Keep their bedroom at home tidy for three weeks. A simple certificate could be designed to be signed at home.
Home Safety	How to be safe at home.
Time to Recycle	Take part in a simple recycling project in which boys collect objects that could be sorted and recycled e.g. plastic bottles, cans, paper. If your hall is near to a recycling centre you could take the boys, along with the items to be recycled.
Visit to the Junior Section	Visit the Junior Section for an evening and take part in some of the activities. This would be best completed towards the end of the winter session.
Make a present for someone at home	Make a item that would be suitable as a present for someone at home (perhaps for Mother's Day).
A Visit or outing	Take part in a visit or an Anchor Boy outing. Do a different visit each year.
Litter	Learn about the damage litter does and the importance of not throwing down litter. This could be linked to recycling.

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Anchor Activity Scheme

CREATIVITY – make and do	Suggestion for Activities: boys should
Craft Activities	Take part in some craft activities using a variety of skills and techniques.
Group Picture/Mural	Take part in making a group picture or mural using a variety of materials.
Design a Football Kit	Design a football kit. Give boys the outline of a footballer and let them design their own kit. Alternately, have a top and shorts cut out for the boys to design and colour their own kit, along with a selection of famous faces to stick at the top.
Fun With Salt Dough	Take part in an activity where they make something from salt dough.
Puppets	Make a simple puppet.
Music & Movement, Dance, Action Songs	Take part in musical activities, simple dances and action songs. A CD of children's songs would have suitable activities.
Make a Simple Instrument	Make a simple musical instrument to shake, hit, rattle or bang.
Simple Musical Activities	Take part in simple musical activities e.g. clapping, tapping, follow-my-leader, and rhythm games.
Fun With Food	Make a simple item to eat e.g. decorate a biscuit, marshmallow snowman, top hat buns. Activity should be suitable for the age group.
Make a Greeting Card	Make a greeting card: thank you card, Christmas card, get well card etc.
Story Telling	Take part in telling a story as part of a group. Either use a story that the boys know and they take it in turns to tell a small part of the story each or set a scene and get the boys to make up a story, each adding a part to it.
Mime and Drama	Take part in some simple mime and drama activities.

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