



15 MINUTES



PREPARATION
NEEDED

CHRISTINGLE



AIM

To create a Christingle in the run up to Christmas, whilst learning about the important meaning behind it.

WHAT YOU'LL NEED

- Oranges
- Red ribbon
- Sweets or dried fruit
- Cocktail sticks
- Tin foil
- Candles
- Sellotape
- Scissors
- Lighter/matches



GET INTO THE BIBLE: CHRISTINGLE

THEME: CELEBRATING



LEADER PREPARATION

Before the activity, you will need to ensure you have enough equipment for each person taking part. You can purchase supplies to make the Christingles at childrensociety.org.uk.



GETTING INTO THE ACTIVITY

- 1 Using sellotape, fasten a piece of red ribbon around the centre of the orange.
- 2 Make a hole in the top of the orange using a pair of scissors or a sharp pencil. A leader may need to do this.
- 3 Cut a small section of tin foil out and place this above the hole on the orange. This will be used to catch any hot wax.
- 4 Push a small candle through the centre of the tin foil and into the hole.
- 5 Stick four cocktail sticks, with sweets and / or dried fruits on them, into the four sides of the orange. Make sure the sharp ends of the cocktail sticks are covered with something.
- 6 Light the candle and then discuss the meaning behind what makes up a Christingle.

For more information about the history and meaning behind Christingle, head to The Children's Society website childrensociety.org.uk and search for 'Christingle'.

Christingle Meaning:

Orange – Represents the whole world.

Red Ribbon – God's love wrapped around the world and the blood of Jesus shed on the cross.

Fruits / Sweets – Symbols of God's creations. Can also represent the four seasons.

Lit Candle – Represents Jesus, light of the world, who brings hope to those living in darkness.



IDEAS TO TAKE THIS FURTHER...

Make the Christingles in preparation for a Christingle or Church Service. Continue the theme by singing a Christmas carol or a hymn/song about light, such as 'Shine Jesus Shine' or 'This Little Light of Mine'.



KEEPING EVERYONE SAFE

Lit candles can be dangerous. Ensure you have suitable Leader supervision and a bucket of water just in case. To reduce the risk further, you could swap the candle for a glow stick or LED candle.