Active Games



Bottle topple

Place a plastic soft drink bottle at each end of the hall and assign a team to each bottle. The team's job is to stop the other team from knocking over their bottle, and at the same time trying to knock over their opponent's bottle. They do this using a soft ball. Players are not allowed to move with the ball in their hands but must throw it to each other in order to get closer to the target while the opposition will try and intercept the ball and do the same in the opposite direction. Some sand in the base of the bottle will give it more stability, don't forget to put the cap on the bottle to stop the sand spilling out.



No maximum number depending on adequate supervision



10 minutes per game

Animal

The group sit around in an arch of chairs. The object is to get to the first chair at one end of the arch. Before the game starts go around and give each boy a different animal with an action that represents that animal, this animal must stay with the seat, not the boy. The person who is going first must make their action, then say "To" and then make the action of any other animal in the arch. That person will repeat their action and then do the action of another person in the arch. If a mistake is made then the rest of the group must shout "That's not an animal, move round." The person who makes the mistake moves to the last chair in the arch, then the rest of the boys move around to fill up the vacated chair and make room on the end chair. It is important to remember that the animal is associated to the chair, not the boy so as the boys move around, the animal that they must act changes. The game ends on a time limit and the winner is the person sitting in the first chair at the end.

Do as I do

Leader places hands on part of body. (Head, shoulders, hips, knees, feet.) As placing hands on body, leader says body part e.g. touches head but says 'shoulder'. Boys have to do what the leader does, not, what the leader says. If incorrect, lose a life. Leaders should decide how many lives boys have before they sit out.



Watch for polished floors, trip hazards and boys bumping in to each other