

Colours Evening



This programme on a plate is designed to last a whole evening. You do not, however, have to use all of the activities suggested and they can be tailored to suit.

Arrival Activity

Find the Rainbow

Craft

Marzipan Traffic Lights

Activity

Colour Alphabet or Colour Wordsearch – copy template onto card

Game

Coloured Relay

Game

Smarties Pick Up

Devotions

Talk: Joseph's Coat of many colours

Tell the story to the boys in your own words. Look at the theme of envy and jealousy. What are we envious of? Ask the boys.

Song: Colours of Day dawn into the mind
(No. 28 in Junior Praise)

Prayer: Thank God for colours

Estimated Time:

10 minutes

20 minutes

20 minutes

15 minutes

10 minutes

10-15 minutes



No maximum number
depending on adequate
supervision



10 minutes

Find the Rainbow

Aim: For the boys to go exploring in the church and help them become more aware of their surroundings

Equipment:

- Pens
- Paper

Instructions:

- The boys, in groups or on their own, produce a table with two columns and eight rows.
- At the top of the left hand column write 'colour' and the top of the right hand column write 'object'.
- Now, down the colours column ask the boys to fill in all the different colours of the rainbow, red, orange, yellow, green, blue, indigo, violet.
- The boys then go off around the Church or in a designated area and try to find one object for each of the colours that they have listed.
- The team or individual who returns with the table completed first is the winner and should receive a prize.

Marzipan Traffic Lights

Aim: To make something that the boys can take home and eat

Equipment:

- Block of marzipan
- Food colouring – red, yellow, green
- Cooking chocolate
- Paper plates
- Clingfilm

Instructions:

- Divide the marzipan into 3 equal parts.
- Knead it until soft.
- Put a few drops of food colouring into each piece (different colour in each piece) and continue to knead until it is all mixed in.
- Roll the marzipan out into long pieces, approximately 1/2 inch thick.
- Place 2 colours alongside each other and the other on the top in the middle to form a triangle shape.
- Melt the chocolate (either in a bowl in the microwave or in a bowl over a saucepan of hot water).
- Spread the chocolate over the marzipan and ensure it is completely covered.
- When the sides are dry, run a knife underneath.
- Turn over and do the same on the other side.
- When dry cut into 1-inch pieces. You should end up with a triangle of three colours coated in chocolate.
- Unless the boys have already eaten them, several pieces could be put onto a small paper plate, wrapped in clingfilm and taken home.



6-8 depending upon supervision



20 minutes



When working in the kitchen it is important that all boys are supervised and that they don't use any dangerous equipment without appropriate supervision. Leaders should be aware of any boys with nut allergies



Groups of 3-4 boys



20 minutes

Colour Alphabet

Aim: To help the boys to think about all of the different names that colours have that are less common from the ones they are used to

Equipment:

- Pens
- Writing paper

Instructions:

- Boys should be split into groups of around three or four.
- Each group is given a sheet of paper and a pen. Down the left hand side of the piece of paper the boys should write the alphabet or selected letters depending on time available.
- In their groups they must quietly come up with a colour for each letter in the alphabet.
- The scoring works as follows: for each colour a group fills in they receive one point if another group has the same colour, and two points if it is a colour that no one else has.
- The scores should be added up at the end and the winning group given a prize.
- It is important to let the boys use their imagination so offer them a little freedom when marking. Sometimes a word in front of a colour can be let to pass with a point, e.g.
L – lime green; P – pale pink; D – dark brown.

Coloured Relay



Equipment:

- Balls
- Cones
- Hoops
- Skittles
- Beanbags etc

Instructions:

- The boys are split up into teams of four or five depending on numbers. Each team is given a colour.
- Set up an obstacle course of which all the items should correspond with the colour of their team.
- The obstacle course will depend on the resources that are available to your company.
- Below are some suggestions:
 - Jumping through hoop
 - Throwing a bean bag at or into a target
 - Skipping up and down the hall twice using a skipping rope
 - Dribbling a football through a course of cones



No maximum number
depending on adequate
supervision



5 minutes





2 or more teams of 3-8 boys



10 minutes

Smarties Pick up

Aim: A bit of fun with a treat at the end

Equipment:

- Smarties
- Bowls
- Straws
- Paper plates

Instructions:

- Boys get in to colour teams (each team has a colour).
- Each team is given a tube of smarties, a straw per boy and a plate for every different colour of smartie and one extra for all the smarties to start on.
- The object of the game is for the team to move as many smarties as possible by sucking them with a straw from the start plate to 'colours' plate i.e. all the red ones on one plate, all the blue ones on another, etc. plate.
- Depending on the size of teams each boy should have 20 seconds to try and move as many smarties as possible into the correct plate.
- The team who has moved the most smarties and placed them on the correct plate wins.
- A variation on this works where there are only two plates, one with smarties, the other without; the boys are blindfolded and they again only use a straw to move the smarties across from one plate to another. (This can get messy but is a lot of fun with the older boys.)



Leaders should be aware of boys with any allergies