



# Food Evening

## Estimated Time:

5-10 minutes

20-25 minutes

15 minutes

15 minutes

10 minutes

10-15 minutes

This programme on a plate is designed to last a whole evening. You do not, however, have to use all of the activities suggested and they can be tailored to suit.

## Arrival Activity

*Miniature Scattegories*

## Activity

*Chocolate Crispy Cakes*

## Game

*Chocolate Game*

## Craft

*Face Plate*

## Game

*Baked Bean Relay*

## Devotions

**Talk:** Matt 4 14 v 13-21 Feeding of the five thousand  
Read from Bible or tell the story in your own words.

Talk about how God provides for us, ensuring we have enough food to eat. Explain that in some countries this is not the case and people do not have the variety of food that we have. The story tells of a miracle that God performed. We should be grateful to God who supplies our needs.

**Song:** Seek Ye First The Kingdom Of God (Junior Praise, 215)

**Prayer:** Thank God for all the food he provides us with and ask him to look after those who are not as fortunate as us.

# Miniature Scattegories

## Equipment:

- Pens/pencils
- Paper

This game is just a trimmed down version of the real game.

## Instructions:

- Provide one piece of paper per boy. On each piece draw columns with letters as headings (the same on each page). You will probably need 3-5 letters.
- As the boys arrive give them a pen/pencil and piece of paper each.
- Each boy should try to think of as many foods as possible beginning with the letter at the head of each column and write them down in the column.
- The winning boy is the one who thinks of the most different foods.



No maximum number  
depending on adequate  
supervision



5-10 minutes



6-8 at a time



20-25 minutes



Ask the boys to wash their hands before and after the activity. Only an adult should use the cooker/oven. Make sure work surfaces are cleaned before and after use. Leaders should be aware of any food allergies their boys might have

# Chocolate Crispy Cakes

## Ingredients:

- 100g bar of dark chocolate
- 50g (2oz) raisins
- 50g (2oz) butter
- 60g (2½oz) cornflakes
- 2 tablespoons of golden syrup
- 1 small tub of glace cherries (optional)
- Paper muffin cases
- Heatproof bowl
- Mixing bowl
- Wooden spoons

## Method:

- Break the chocolate into small pieces and put into a heatproof bowl with the golden syrup and butter.
- Fill a saucepan with water and bring to the boil and turn down to simmering. (This should be done by a leader.)
- Hold the bowl over the saucepan to melt the chocolate making sure the bowl doesn't touch the water. (This should be done by a leader.)
- Allow the boys to stir the contents of the bowl taking caution as the bowl will be hot.
- In a large mixing bowl mix together the raisins and cornflakes.
- Pour the chocolate sauce over the cornflakes and raisins, stir and fold until everything is nicely mixed together.
- Put about two dessert spoons of the mixture into each muffin case.
- Optionally, put half a cherry on each cake and refrigerate. Ideally, the cakes need an hour and a half in the fridge to set. However, a fridge set on cold should set them quicker.

This recipe should make about 18 cakes; if you have a large Junior Section you may need to split the group up accordingly.

# Chocolate Game

This game will work best with a reasonable size chocolate bar (approx. 250g).

## Equipment:

- Hat, scarf, gloves
- Knife, fork
- Chocolate bar
- Dice
- Tray

## Instructions:

- Ask the boys to sit in a circle and place all the equipment on the tray (except the dice) in the middle of the circle.
- Boys take it in turn to roll the dice with the aim to throw a six.
- When a boy rolls a six he goes to the middle of the circle and puts on the hat, gloves and scarf and has to cut up the chocolate using the knife and fork.
- The boys must eat a square at a time, as it is cut.
- The boy stays in the middle until another boy rolls a 6.
- The game concludes when all the chocolate has been eaten.



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15 minutes



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15 minutes



This activity requires the  
use of glue. Leaders  
should exercise  
appropriate caution

# Face Plate

## Equipment:

- Paper plates
- Dried food ie. rice, pasta shapes, lentils
- Glue
- Paints

## Instructions:

- The aim of this activity is for each boy to make a face on a paper plate using dry foods.
- Examples of foods to use are pasta, rice, lentils etc.
- Boys may wish to use paints to add extra edge to the face.
- Use suitable glue to stick the food to the plate.
- The food can be painted and features added in paint to the plate.

# Baked Bean Relay



## Equipment:

- Table
- Baked beans
- Bowls
- One cocktail stick per boy

## Instructions:

- Put the boys into teams of about five to avoid boys standing around for too long.
- Position a table on the opposite side of the hall and empty the baked beans into bowls (one bowl per team). The number of beans you put in each bowl will depend on how long you want the game to go on for, but you will need to ensure they have the same amount in each so this will need to be prepared beforehand.
- Boys line up in teams and on command take it in turns to run up to the table and pick up a baked bean using a cocktail stick, eat it and run back to their team.
- The next boy runs and the game continues until all the beans have been eaten.



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10 minutes



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