

L2

I Heard

COMPLETE THE SENTENCE IN EACH BOX.

DON'T SPEND TOO LONG AND GO WITH YOUR FIRST THOUGHTS

All drugs are....	Using cannabis leads to.....
People take drugs because.....	All drug addicts are.....
Drugs you buy over the counter are.....	Drug dealers are.....
If you try drugs.....	If the police catch you with drugs.....

L2

Exploring Attitudes

Read out the following statements.

Young people have to position themselves in the room, depending on whether they agree or disagree with the statement.

STATEMENTS

1. All young people try drugs.
2. People who get ill through taking drugs should wait longer for their treatment.
3. If you start smoking cannabis, it always leads to hard drugs.
4. Celebrities should set a better example and not do drugs.
5. It is a sign of maturity to be able to hold your drink.
6. You look older if you smoke.
7. It is safe to use someone else's prescription drugs if you have the same symptoms.
8. It is OK to smoke, if you stop when you are 30.
9. All drug users are criminals.
10. Drug users should go to prison.
11. Drug dealers should go to prison.
12. All drugs should be legalised.
13. Drugs harm the user, not other people.
14. You can always tell if someone is a drug dealer.
15. Only weak people can't say no to drugs.

L2

Reasons, Risks & Choices

WHY MIGHT YOU TAKE DRUGS?

Consider and rate the following yourself. Then discuss the matter as a group

	Low				High
To give yourself confidence	1	2	3	4	5
To enhance performance	1	2	3	4	5
To make you feel good	1	2	3	4	5
To be part of the group	1	2	3	4	5
To keep you going. To cope.	1	2	3	4	5
To build self-esteem	1	2	3	4	5
To experience something different	1	2	3	4	5
To escape reality	1	2	3	4	5
Because you need to	1	2	3	4	5
Because everyone is doing it	1	2	3	4	5
For medical reasons	1	2	3	4	5
Because you're hungry	1	2	3	4	5

CONSIDER THE DOWN SIDE OF TAKING DRUGS

Why would I not want to start? Rate the following:

	Low				High
Expense	1	2	3	4	5
Long-term danger to my health	1	2	3	4	5
Not knowing what I am doing	1	2	3	4	5
Danger of getting hooked	1	2	3	4	5
Not knowing the true outcomes	1	2	3	4	5
Losing friends and family	1	2	3	4	5
Risk of conviction	1	2	3	4	5
Consequence of a conviction to future prospects	1	2	3	4	5
Risk of dying as a result	1	2	3	4	5
Risk to other people	1	2	3	4	5
Being under the control of others	1	2	3	4	5
Being banned from sport/things I like	1	2	3	4	5
Other reasons such as					

What life style practices can I develop to avoid the temptation (draw up a list as a group)

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

How can I say no to drugs?