

Chocolate Banana Smoothie Recipe

The chocolate banana smoothie recipe combines two ingredients that are meant to be together, chocolate and bananas. If you ever wondered what a chocolate covered banana on a stick would taste like as a drink, then here is your answer.

Ingredients:

- 1 1/2 banana cut into chunks and frozen
- 2 tablespoons of chocolate syrup or your favourite melted chocolate
- 1/2 cup of yogurt
- 1 cup of milk

Directions:

Combine all ingredients in a blender until bananas are really mixed and chocolate is swirled. Now you have your chocolate and banana smoothie.

Thick Strawberry Smoothie Recipe

Ingredients:

- 6 large strawberries
- 1/2 cup of your favourite yogurt
- 1/2 cup of vanilla or strawberry ice cream
- 1/2 cup of whole milk

Directions:

First blend strawberries and milk together until strawberries are well blended, then add ice cream and yogurt and whip for just a little bit so smoothie remains thick.

Slushy Strawberry Smoothie Recipe

Ingredients:

- 4 large strawberries
- 1 tsp of sugar
- 1/2 cup of whole milk
- 1 cup of ice cubes

Directions:

Blend strawberries with milk on low speed until smooth, then add ice cubes and blend on high. Add sugar and blend on high speed for about 1 minute. The texture should be slushy and smooth.